

A FAMILY THAT KICKS TOGETHER...STICKS TOGETHER

KITCHENER KICKS MARTIAL ARTS CENTRE

By Master Ron Day Raising the Standards of Martial Arts
 50 OTTAWA STREET SOUTH, SUITE 111, KITCHENER, ONTARIO, N2G 3S7 519-741 KICK (5425)

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00 AM			SCHEDULE			DRAGON HEARTS	
10:00 AM						KUNG FU / KARATE KIDS NOVICE / INTERMEDIATE	
11:00 AM						KUNG FU / KARATE KIDS ADVANCED / ELITE	
12:00 NOON	ALL BELTS ADULTS		ALL BELTS ADULTS		ALL BELTS ADULTS	KUNG FU / KARATE KIDS BEGINNER	GRADINGS AND SPECIALTY CLASSES
1:00 PM						KUNG FU / KARATE ALL BELTS ADULTS	
2:00 PM							
4:00PM							
5:00 PM	5:00 PM MINI NINJAS	5:00 PM MINI NINJAS	5:00 PM MINI NINJAS	5:00 PM MINI NINJAS			
5:30 PM	KUNG FU KIDS BEGINNER	KUNG FU KIDS INTERMEDIATE	KUNG FU KIDS ADVANCED	KUNG FU KIDS NOVICE	KARATE KIDS & ADULTS		
6:30 PM	KUNG FU KIDS NOVICE	KARATE KIDS & ADULTS / IAIDO	KUNG FU KIDS BEGINNER	KUNG FU KIDS ELITE	KUNG FU KIDS INTERMEDIATE		
7:30 PM	KUNG FU KIDS ADVANCED	KUNG FU KIDS ELITE	KUNG FU / KARATE ADULTS SPARRING	INTERMEDIATE KUNG FU ADULTS	NOVICE KUNG FU ADULTS		
8:30 PM	INTERMEDIATE KUNG FU ADULTS	ADAVANCED KUNG FU ADULTS	NOVICE KUNG FU ADULTS	ADVANCED KUNG FU ADULTS	CARDIO CLASS ALL STUDENTS WELCOME		

KUNG FU

KARATE

KICKBOXING

AIKIDO

WEAPONRY

SPARRING

IAIDO